

## Dilatation and Evacuation (D&E) Simulation Course

Alignment with the College of Sexual and Reproductive Healthcare (CoSRH) Community Sexual and Reproductive Health (CSRH) Curriculum

### Purpose of this document

This document outlines how the BSACP Dilatation and Evacuation (D&E) Simulation Course aligns with the Community Sexual and Reproductive Health (CSRH) Curriculum (Definitive Document) published by the College of Sexual and Reproductive Healthcare (CoSRH).

This document is intended to support:

- Resident Doctors
- Educational Supervisors
- Training Programme Directors
- Heads of School

It demonstrates how participation in the course may contribute to supporting evidence towards Capabilities in Practice (CiPs) and procedural competencies within the CSRH training programme.

This document may also support study leave applications and educational funding requests.

### Important information for Resident Doctors and Supervisors

The BSACP D&E Simulation Course supports the development of knowledge, clinical judgement and procedural understanding relevant to abortion care and early pregnancy management within sexual and reproductive healthcare services.

Participation in the course may contribute evidence within a Resident Doctor's training portfolio, including:

- certificate of attendance
- reflective practice
- case-based discussions
- discussion with Educational Supervisors

However, attendance at this course alone does not constitute procedural sign-off.

Competency progression within the CSRH curriculum is determined through the programme of assessment, which includes workplace-based assessments and supervisor judgement (CSRH Curriculum, p.45).

## Simulation-based learning within the CSRH curriculum

The CSRH curriculum explicitly recognises simulation as a valuable training method. The curriculum states:

*“Simulation training is a useful technique for learning, providing trainees with immersive experiences that evoke or replicate clinical scenarios. Procedural competency training, using simulation aimed at achieving technical competence for CSRH practical procedures should be provided as early as possible in ST1. Scenario-based immersive simulation training should be undertaken at all stages of training, with human factors incorporated into the scenarios.”*

(CSRH Curriculum, p.44)

The BSACP D&E Simulation Course incorporates both procedural simulation and scenario-based simulation, aligning with these educational methods.

## External courses and study leave

The CSRH curriculum recognises the importance of external courses and structured training opportunities.

The curriculum states that courses may provide:

*“specialised theoretical knowledge, hands on practice with simulation or volunteer patients or both.”* (CSRH Curriculum, p.42)

The curriculum also identifies:

*“Courses, meetings, webinars, and events relating to Abortion Care”* as relevant learning opportunities within CSRH training (CSRH Curriculum, p.43).

The BSACP D&E Simulation Course provides focused clinical and simulation-based training in abortion care, consistent with this framework.

## Overview of course content relevant to the CSRH curriculum

The BSACP D&E Simulation Course includes:

- clinical overview of D&E
- cervical preparation and procedural planning
- surgical instrumentation and technique
- simulation-based procedural skills training

- complication recognition and management
- integrated clinical simulation scenarios
- human factors and teamworking
- professional and communication aspects of abortion care

## Key CSRH CiPs supported by the course

Participation in the BSACP Dilatation and Evacuation (D&E) Simulation Course may contribute evidence towards the development of several Capabilities in Practice (CiPs) within the Community Sexual and Reproductive Health (CSRH) curriculum published by the College of Sexual and Reproductive Healthcare (CoSRH).

The course is particularly relevant to CiPs relating to clinical care in abortion and early pregnancy, communication and professionalism, and team-based clinical practice.

### CiP 8

#### **The doctor is competent to assess and manage people presenting for sexual and reproductive healthcare throughout their life course.**

This capability relates to the ability to assess patients presenting to sexual and reproductive health services and develop appropriate management plans.

The course contributes to development within this capability through:

- discussion of clinical decision-making in abortion care
- exploration of treatment options for abortion past the first trimester
- integration of clinical knowledge with procedural planning during simulation sessions.

These elements support Resident Doctors in developing the clinical reasoning required when assessing and managing individuals presenting for abortion care within sexual and reproductive healthcare services.

### CiP 2

#### **The doctor is able to work and communicate effectively as part of a multidisciplinary team while demonstrating appropriate situational awareness, professional behaviour and professional judgement.**

The course includes interactive simulation scenarios and group discussions, which require participants to communicate, collaborate and escalate concerns appropriately.

These sessions allow Resident Doctors to practise:

- team communication
- escalation to senior colleagues

- multidisciplinary management of complications.

These activities support the development of the teamwork and collaboration skills required within sexual and reproductive healthcare services.

## How Resident Doctors may use this course within their portfolio

Resident Doctors attending the course may include the following within their training portfolio:

- reflective practice
- case-based discussions
- general log
- discussion with Educational Supervisors

These forms of evidence contribute to the programme of assessment framework within the CSRH curriculum (CSRH Curriculum, p.45).

## Study leave and educational funding

The BSACP D&E Simulation Course supports training within the Community Sexual and Reproductive Health curriculum.

Resident Doctors applying for study leave or educational funding may request a letter of support from BSACP outlining the relevance of the course to CSRH training.

Contact us at [admin@bsacp.org.uk](mailto:admin@bsacp.org.uk)

## Disclaimer

This document is intended as a guide to demonstrate how the BSACP D&E Simulation Course aligns with elements of the CSRH Curriculum (Definitive Document) published by the College of Sexual and Reproductive Healthcare.

Final decisions regarding:

- competency progression
- procedural sign-off
- capability achievement

remain the responsibility of the relevant stakeholders, in accordance with CSRH training guidance and local programme requirements.