

Dilatation and Evacuation Course

Saturday, 4 October 2025 | Whittington Hospital, London

Description

D&E is an essential life-saving skill in the context of abortion and management of mid-trimester miscarriage and pregnancy complications. This procedure involves the dilation of the cervix followed by the removal of uterine contents using instruments, typically performed under local or general anaesthesia. Given its established safety profile, there exists a critical need to enhance accessibility to D&E in healthcare settings. In addition to training on the D&E procedure itself, this course delves into the necessary equipment, staffing, anaesthesia options, and logistical requirements essential for the successful execution of surgical uterine evacuation.

Agenda

14:00 Welcome and Introductions (Rebecca McKay)

- The importance of 2nd trimester uterine evacuation

14:15 Second Trimester Abortion (Laura McLaughlin)

- Medical and surgical methods: definitions and comparative outcomes
- Pain management
- Cervical Prep
- Helping patients choose

14.35 Diagnosis and Management of Complications (Rebecca McKay)

- Haemorrhage and UAE
- Infection/sepsis
- Perforation/Laceration
- Reproductive outcomes after D&E

14:50 Overview of D&E (Andriana Andreeva)

- Pre-operative assessment and practical considerations
- Settings
- Instruments
- Dilapan insertion, cannula test, USG guidance

15:10 Afternoon Break

15:25 Simulation (Patricia Lohr)

- Bottle workshop
- Small groups workshop

16:25 Aftercare (Laura McLaughlin)

- Recovery room/discharge expectations
- Contraception/return to fertility
- Psychosocial support
- Physical and psychological recovery

16:40 How to develop a D&E service within a hospital setting (Panel Discussion)

- Hopes and hesitations of developing a D&E service (Panel discussion)

17:00 Close