




The Royal Society of Medicine

Abortion care: Ensuring excellence, promoting wellbeing and improving training

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 **Thu 7 Oct 2021**
9:30am to 4:45pm BST

Key speakers



Dr Helen Garr

General Practitioner and Medical Director Designate, NHS Practitioner Health and General Practitioner, Nottingham

Dr Helen Garr is a General Practitioner (GP) working in Nottingham with a keen interest and extensive experience in mental health and wellbeing.

She is passionate about supporting the wellbeing of health care professionals and has worked as a Clinician and Clinical Lead of the National GP Health Service since its beginning and is known for her down to earth, caring and empathetic approach.

She has a background in psychology and nursing prior to qualifying in medicine from the University of Leicester and utilises her psychology interest to underpin her work as a coach and mentor for doctors.

Dr Garr is a Public Health England Clinical Champion for physical activity and a Director of the British Society of Lifestyle Medicine. She is a recognised leader in the field of health care professional wellbeing and regularly delivers national keynote speeches and runs successful wellbeing and burnout workshops. She is also Nottinghamshire LMC Wellbeing lead and sits on the RCGP National Wellbeing Working Group and BMA Wellbeing Stakeholders Committee.



Dr Jayne Kavanagh

Associate Clinical Professor, Medical Education, University College London Medical School, Royal Free Hospital

Dr Jayne Kavanagh is Associate Professor (Teaching) at UCL Medical School and a sexual and reproductive health specialty doctor in London. She is clinical education lead of the RCOG's Making Abortion Safe programme and co-chairs Doctors for Choice UK. In 2021 she co-founded the charity Abortion Talk.



Dr Laura MacIsaac

Professor and Associate Director of Fellowship in Complex Family Planning, Icahn School of Medicine, Mount Sinai Hospital, New York

Dr Laura MacIsaac received her undergraduate degree from Columbia University, a medical degree from the State University of New York at Stony Brook, residency in Obstetrics/Gynecology at Columbia University Presbyterian Hospital, fellowship in Family Planning at the University of California, San Francisco and her MPH in Health Policy and Management from Columbia University's School of Public Health.

Dr MacIsaac has created and led family planning training programmes in academic medical centres as well as the public hospital system in New York City. She was the first recipient of the Ryan Residency Training Grant for Family Planning and has won national teaching awards. She has held graduate medical education (GME) leadership roles as Obstetrics/Gynecology Residency Director and Family Planning Fellowship Associate Director. She served on the expert working group at the Centers for Disease Control (CDC) to create U.S. medical eligibility criteria for contraceptive use and the U.S. selected practice recommendations for contraceptive use.

She gained corporate and regulatory experience as Chief Medical Officer of FEI Women's Health, a contraceptive device company in 2005. Dr MacIsaac has served many roles in the American College of Obstetricians and Gynecologists (ACOG), including serving on the National Long-Acting Reversible Contraception (LARC) Committee and Scientific Co-Chair for the District II Annual Clinical Meeting. She received the Women's Health Policy Award from ACOG, as well as the 2018 ACOG District II Outstanding District Service Award. She is a frequent media spokesperson for the ACOG national office on topics of reproductive health, policy and health system delivery reform. Dr MacIsaac's current international work includes directing the annual Family Planning CME course at Soft Power Health in the Jinja District of Uganda, consultant and voluntary visiting faculty for British Pregnancy Advisory Services (BPAS), and oral board examiner for the Fellowship in Family Planning in Addis Ababa, Ethiopia.

Dr Rebecca McKay



Consultant Obstetrics and Gynaecology, Peterborough City Hospital, and Faculty of Sexual and Reproductive Healthcare Abortion Module Guardian

Dr Rebecca McKay has worked in abortion care for over 20 years. She is a Consultant Obstetrician and Gynaecologist working in a busy district general hospital. She is lead for the Abortion Service. She is also the Abortion Module Guardian for the FSRH and has been a doctor member on BSACP Council for 3 years. She is passionate about education and developing easily accessible evidence-based resources for abortion providers.

Dr McKay will give a lecture on New BSACP/FSRH Special Skills Modules (SSM) in abortion care.

Lecture abstract - The Special Skills Modules in Abortion Care have been completely updated. This has opened up all modules to nurses and midwives as well as doctors making it the only truly transferable multidisciplinary qualification in Abortion Care. This talk aims to share information about the new qualification, including the application process.

Agenda

Morning session: “Training”

All lectures (and Free Communications) include time for questions

9:30am Welcome and introduction

9:45am Lecture one: How can abortion care providers help healthcare students get the comprehensive abortion teaching they want?

Dr Jayne Kavanagh, Associate Clinical Professor in Medical Education, University College London Medical School, Royal Free Hospital and Dr Corrin Horan, Academic Trainee in Community Sexual and Reproductive Health and Education Representative for Doctors for Choice UK

10:10am Lecture two: New BSACP/FSRH Special Skills Module (SSM) in abortion care

Dr Rebecca McKay, Consultant in Obstetrics and Gynaecology, Peterborough City Hospital and Faculty of Sexual and Reproductive Healthcare Abortion Module Guardian

10:35am Lecture three: Pain relief in gynae procedures – evidence, tips and best practice

Mr Jonathan Lord, Specialist Committee Member for the NICE Abortion Care Quality Standard and Medical Director, MSI Reproductive Choices

11:00am Coffee break and Workplace stretches/movements for energy and flexibility

Dr Charlotte Gatenby, Trainee in Community Sexual and Reproductive Health, Norfolk and Norwich University Hospital NHS Foundation Trust

11:30am Keynote lecture four: Clinician wellbeing

Dr Helen Garr, Medical Director Designate at NHS Practitioner Health and General Practitioner, Nottingham

12:00pm “Free communications” session one

Co-creating abortion care e-learning

Pollyanna Cohen

Repeat abortion - a retrospective observational cohort study before and during the Covid-19 pandemic in Glasgow

Helena Young

Abortion stories from African, Caribbean and Asian people in England and Wales

Manna Mostaghim

12:40pm Lunch break with sponsor presentations and virtual poster viewing

How to correctly fit Levosert® in your patients given by Dr Paula Briggs

Sponsored presentation by Gedeon Richter

Medical undergraduates in an abortion care setting given by Jane Pollock,

MSI UK Lead for Clinical Education

Sponsored presentation by MSI Reproductive Choices

Afternoon session: “Caring”

All lectures (and Free Communications) include time for questions

1:30pm Welcome and introduction

1:40pm Lecture five: Safeguarding and teleconsultation for abortion during Covid-19

Ailish McEntee, MSI UK Named Midwife for Safeguarding Adults and Children, MSI Reproductive Choices and Dr Elizabeth Chloe Romanis, Assistant Professor, Biolaw/Co-Director Gender and Law at Durham, Durham Law School

2:10pm Lecture six: Kindness as a driver - abortion care in challenging circumstances

Dr Laura MacIsaac, Professor and Associate Director of Fellowship in Complex Family Planning, New York

2:35pm Lecture seven: Telemedicine medical termination of pregnancy (MTO): learning from research and founding the charity Abortion Talk

Professor Lesley Hoggart, Associate Dean Research, Faculty of Wellbeing, Education and Language Studies at the Open University

3:00pm Tea break and Brain and breathe space (mindfulness session)

Dr Annette Schlaudraff, Consultant, Sexual and Reproductive Health, Cardiff and Vale University Health Board

3:30pm “Free communications” session two

Treatment adherence and experience of side effects with telemedicine medical abortion at home

John Reynolds-Wright

Contraception use and continuation after telemedicine medical abortion during the Covid-19 pandemic: an observational study

Margherita Vianello

Uptake of long-acting reversible contraception after telemedicine - delivered early medical abortion during Covid-19

Angharad Dixon

4:10pm Lecture eight: Is routine ultrasound scan in abortion care unkind and unnecessary?

Dr Patricia Lohr, Medical Director, British Pregnancy Advisory Service (BPAS)

4:35pm Announcement of prize winners and closing remarks

4:45pm End of webinar

Sponsors

We would like to thank our sponsors British Pregnancy Advisory Service (BPAS), Gedeon Richter, MSI Reproductive Choices, National Unplanned Pregnancy Advisory Service (NUPAS), Quadrantech Diagnostics Ltd and Robinson Healthcare Ltd for their support of this webinar. Please note that the scientific programme and content has not been influenced in any way by the sponsors.



British Pregnancy Advisory Service (BPAS) – Here If You Need Us

BPAS is the UK's leading independent reproductive healthcare charity. Providing services for 53 years, we are proud to say, currently almost exclusively on behalf of the NHS. We care for more than 100,000 clients per year via Telemedical Services and a network of clinics across Britain. BPAS are the Innovators of Early Medical Abortion at home "Pills by Post".

We advocate for and build services that remove barriers to reproductive autonomy. We hope to begin providing clinical services at BPAS Fertility, our new assisted conception service, by the end of this year.

We are honoured to be a key sponsor of the conference today. Please visit our website for more information about our services or email or chat today with our National Business Development Director Rosemary Cutmore on rosemary.cutmore@bpas.org

Contact details

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Twitter: <https://twitter.com/bpas1968>

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Resource: BPAS provide safe, effective and compassionate world-leading telemedical abortion care for women under 10 weeks of pregnancy. [Find out more here](#)



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Resource links

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[Gedeon Richter Women's Healthcare Portfolio](#)



MSI Reproductive Choices UK are proud to be part of the MSI Reproductive Choices global partnership.

There are more than 230 million women around the world who want access to contraception but can't get it; and over 25 million women each year who have to make the agonising decision to resort to unsafe abortion.

Every minute of every day, 48 women resort to an unsafe abortion.

By the time we go to bed today 69,000 women will have risked their lives with an unsafe procedure and more than 20,000 will have such severe complications they will need to go to hospital: this is our challenge....today, the international community is failing the 218 million women and girls who want, but have no access to, contraception. This number will increase to 300 million by 2030 if no additional action is taken. Unsafe abortion continues to be a public health crisis, and this year, 35 million women will make the agonising decision to have an unsafe abortion. An estimated 22,000 women will die. No one should have to risk their life or health for bodily autonomy and to determine their own futures. We are proud to be part of MSI

Reproductive Choices' global partnership working across 37 countries to make choice a reality for all. From contraception to safe abortions, and life-saving services following unsafe procedures, we are committed to delivering compassionate, high-quality services for all.

As a result, MSI Reproductive Choices' vision for the next 10 years is bold: By 2030, no abortion will be unsafe and every individual who wants access to contraception will have it.

Contact details

Email: michelle.reaney@msichoices.org.uk

Telephone: 07584 504807

Website: www.msichoices.org.uk

Resources:

[MSI Reproductive Choices UK website](#)

[MSI Reproductive Choices – Our Vision](#)



National Unplanned Pregnancy Advisory Service (NUPAS) has been providing high quality, safe, effective termination of pregnancy, contraception and STI services for over 40 years. By providing clear, accessible and up to date information about services clients are able to make informed choices about their care. Over 90% of our services are funded through NHS contracts.

Services include:

- Consultation via telemedicine or face to face
- Early Medical Abortion via telemedicine or face to face
- Surgical abortion to 23 weeks 6 days gestation
- Contraception
- STI screening
- Counselling

We have clinics across London, the North-West and the Midlands and will soon be opening in Leeds. Please visit www.nupas.co.uk for further information. For further information about our services please contact fiona.loveless@nupas.co.uk. To request leaflets, promotional materials and referral pads please email info@nupas.co.uk

Contact details

Email: enquiries@nupas.co.uk

Telephone: 0333 004 6666

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Resource link

[NUPAS resources](#)

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Following an acquisition in March 2021, Robinson Healthcare is now part of the Vernagroup, complementing the existing Vernacare brands and strengthening the breadth of medical products and solutions available to the customer within the infection prevention and surgical space.

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Resource link

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